

MR- PREVENTION

Dr jp,asst prof,paed,ich,mch,Kottayam

Primary prevention

▪ Immunization with rubella,measles ▪ Iodine supplementation ▪ Avoid consanguinity ▪ Avoid advanced age pregnancy ▪ Diagnosing aneuploidy ▪ Folate supplementation ▪ Prevention of anemia ▪ Early dx of intrauterine infection ▪ Good antenatal,natal postnatal care	Congenital rubella syndrome hypothyroidism
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Secondary prevention

▪ Early dx and trt of hypothyroidism ▪ Galactosemia ▪ Pku ▪ Counseling parents with affected children with exact aetiology regarding cv biopsy,cell free dnA detection and dx ▪	
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Tertiary prevention

Early rehabilitative intervention and support